United States

Securities and Exchange Commission Washington, D.C. 20549

SCHEDULE 14A

(Rule 14a-101)

${\bf INFORMATION}\ {\bf REQUIRED}\ {\bf IN}\ {\bf PROXY}\ {\bf STATEMENT}$

SCHEDULE 14A INFORMATION

Proxy Statement Pursuant to Section 14(a) of the Securities Exchange Act of 1934 (Amendment No.)

	by the Registrant x by a Party other than the Registrant "
Ch	k the appropriate box:
	Preliminary Proxy Statement "Soliciting Material Under Rule 14a-12 Confidential, For Use of the Commission Only (as permitted by Rule 14a-6(e)(2)) Definitive Proxy Statement to Definitive Additional Materials
	MFA Financial, Inc.
	(Name of Registrant as Specified In Its Charter)
	(Name of Person(s) Filing Proxy Statement, if Other Than the Registrant)
Pas	nent of Filing Fee (Check the appropriate box):
1 ay	icht of Finnig Fee (Cheek the appropriate box).
	No fee required. Fee computed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.
1)	Fitle of each class of securities to which transaction applies:
2)	Aggregate number of securities to which transaction applies:
3)	Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state and state to the filing fee is calculated and state are the filing fee
4)	Proposed maximum aggregate value of transaction:
5)	Total fee paid:
	Fee paid previously with preliminary materials:
	Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identitive previous filing by registration statement number, or the form or schedule and the date of its filing.
	Amount previously paid:
	P) Form, Schedule or Registration Statement No.:
	3) Filing Party:
	Date Filed:

0434-P86884

*** Exercise Your Right to Vote ***

Important Notice Regarding the Availability of Proxy Materials for the Stockholder Meeting to Be Held on May 24, 2017.

MFA FINANCIAL, INC.



Meeting Information

Meeting Type: Annual Meeting

For holders as of the close of business on: March 29, 2017

Date: May 24, 2017 Time: 9:00 AM EDT Location: The Lotte New York Palace Hotel

455 Madison Avenue (at 51st Street)

New York, NY 10022

You are receiving this communication because you hold shares in the company named above.

This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at www.proxyvote.com or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

This notice also constitutes Notice of the 2017 Annual Meeting of Stockholders.

See the reverse side of this notice to obtain proxy materials and voting instructions.

Before You Vote -

How to Access the Proxy Materials

Proxy Materials Available to VIEW or RECEIVE:

I. Notice & Proxy Statement 2. 2016 Annual Report

How to View Online:

Have the information that is printed in the box marked by the arrow → XXXX XXXX XXXX XXXX (located on the following page) and visit: www.proxyvote.com.

How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

www.proxyvote.com
1-800-579-1639
3) BY E-MAIL*: sendmatasi

sendmaterial@proxyvote.com

* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before May 10, 2017 to facilitate timely delivery.

– How To Vote —

Please Choose One of the Following Voting Methods

Vote In Person: Many stockholder meetings have attendance requirements including, but not limited to, the possession of an attendance ticket issued by the entity holding the meeting. Please check the meeting materials for any special requirements for meeting attendance. At the meeting, you will need to request a ballot to vote these shares.

Vote By Internet: To vote now by Internet, go to www.proxyvote.com. Have the information that is printed in the box marked by the arrow $\rightarrow \boxed{\times \times \times \times \times \times \times \times \times \times \times}$ (located on the following page) available and follow the instructions.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card or voting instruction form.

Voting Items

The Board of Directors recommends you vote FOR the following:

Election of Directors

Nominees

- 1a. Stephen R. Blank
- 1b. Laurie Goodman
- 1c. William S. Gorin

The Board of Directors recommends you vote FOR proposals 2 and 3.

- Ratification of the appointment of KPMG LLP as MFA's independent registered public accounting firm for the fiscal year ending December 31, 2017.
- 3. Approval of the advisory (non-binding) resolution to approve MFA's executive compensation.

The Board of Directors recommends you vote 1 YEAR on proposal 4.

4. Advisory (non-binding) vote on the frequency of the advisory vote on MFA's executive compensation.

NOTE: The proxies are authorized to vote in their discretion upon any other matter that may properly come before the meeting or any adjournment(s) or postponement(s) thereof.

You cannot vote by returning this Notice. To vote the shares, you must authorize your proxy online, by telephone or request a paper copy of the proxy materials to receive a proxy card or voting instruction form. You also may attend the meeting and vote in-person.